



You're making a difference.

Thank you!





Message From Our State Director

Dear Friends,

All of us at Best Buddies in Virginia & DC extend our deepest appreciation to our wonderful participants, families, volunteers, donors, and corporate partners for such a successful 2025! Your support and dedication to our mission helps our programs grow, creating more inclusive communities throughout our state.

We are excited to start 2026 with you and together build a more inclusive community together!

In Friendship,
Molly Whalen

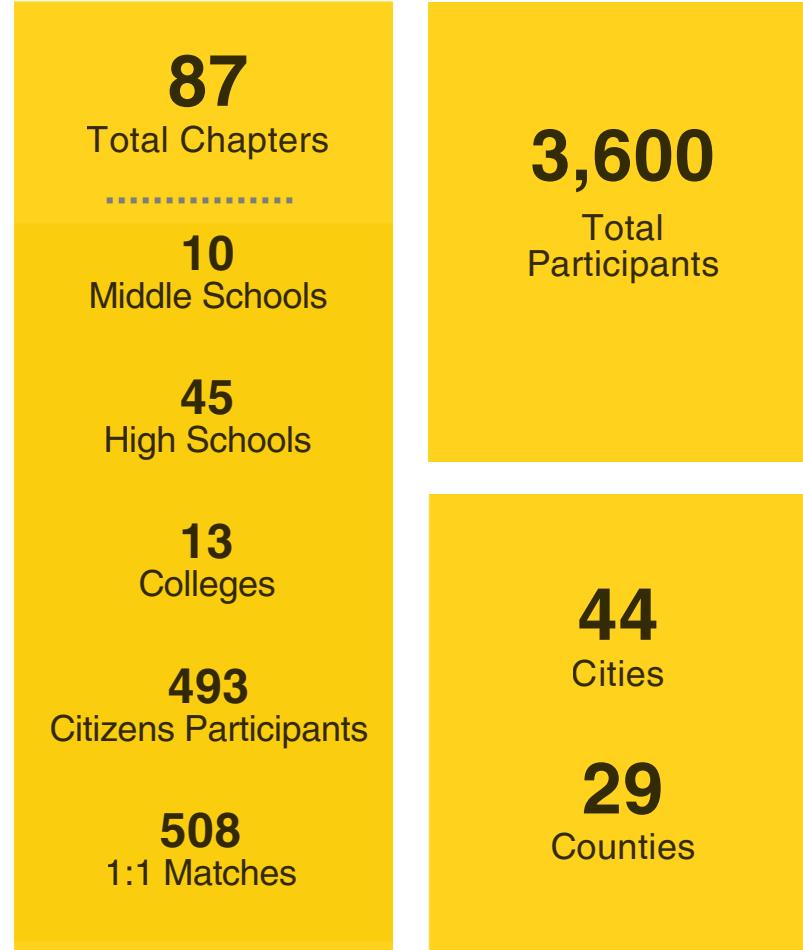
State Director,
Best Buddies Virginia & DC



Here's what we've accomplished,
Because of your support in

2025

One-to-One Friendship Program





One-to-one
Friendships

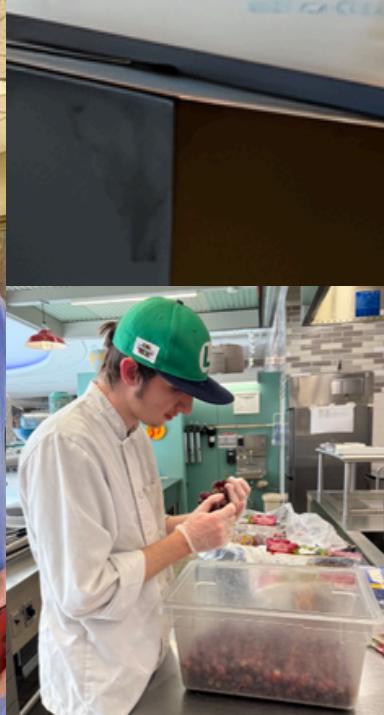
Meet **Tucker and AJ**

“

“Best Buddies gave us more than shared experiences. It gave us a friendship built on laughter, growth, and showing up for each other. Through Best Buddies, AJ found meaningful employment and independence, and I found a lifelong friend who inspires me every day. Together, we have become better versions of ourselves.”

-Tucker

Integrated Employment Program



52

Participants

41

Employed Participants

Integrated Employment



Meet Ryan

“

Having a job has made a difference in my life. It made sure I'm living my best life and I found a great work family outside of my home.”

-Ryan

Leadership Development Program



83

Ambassadors
Participants

34

Transitions
Students, 2
new School
locations

Meet Abby

“ Best Buddies has brought the true meaning of inclusion to light, opening doors and opportunities for me that I never thought possible. My ability is stronger than my disability.”

-Abby

Leadership
Development



Inclusive Living Program



2

Best Buddies Living
Residences

Washington, D.C.

18

Best Buddies Living
Residents



Meet Kendra

“ I've learned since moving in how to cook and communicate. This experience has changed my life because of my friends and roommates.

-Kendra



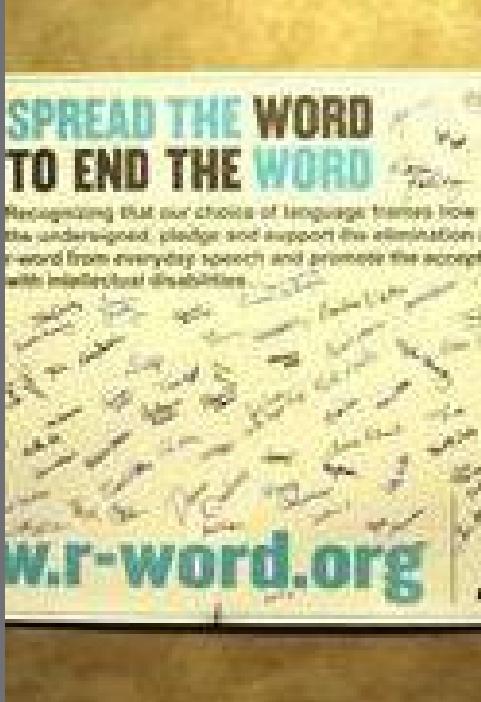
Best Buddies Homecoming Dance

An unforgettable evening with
450 of our closest friends
from all over the state gathered at
the Ronald Reagan Building &
International Trade Center for music,
dancing, and friendship!





(STW ETW) is an ongoing movement to end the hurtful and demeaning use of the R-word. Chapters all throughout Virginia & DC held a STW ETW awareness event at their respective schools. Our Best Buddies participants raised the consciousness of their classmates about the dehumanizing effects of using the R-Word and encouraged people to stop using the word.





BEST BUDDIES®



BEST BUDDIES®
FRIENDSHIP WALK

Raised
\$458,900

Over 2,000 walkers, corporate partners and community members walked for inclusion for a record breaking year in Richmond, VA and Washington, DC!

BEST BUDDIES® LEADERSHIP CONFERENCE

WICKEDLY
INCLUSIVE
#BBL C 2025



In July, 51 leaders from all over Virginia & DC both with and without IDD, attended our 34th Annual Best Buddies Leadership Conference. They participated in personalized trainings that develop the skills needed to organize and lead a Best Buddies



Raised
\$318,000

20 YEARS
VIRGINIA & WASHINGTON, D.C.
Homecoming
TWO PARTIES, ONE PURPOSE

BEST BUDDIES
**CHAMPION
OF THE
YEAR**
2025
VIRGINIA &
WASHINGTON D.C.

Nearly 800 supporters came together for our annual Homecoming: Two Parties One Purpose Gala in celebration of the collective efforts of our 16 Champions who raised funds and awareness to support our mission!

We celebrated 20 years of impact across our Virginia & DC area!

Thank you to the corporate partners who helped make 2025 possible!



museum
of the
Bible



THE
BARTOLOZZI TEAM
CMG HOME LOANS

SAUL EWING



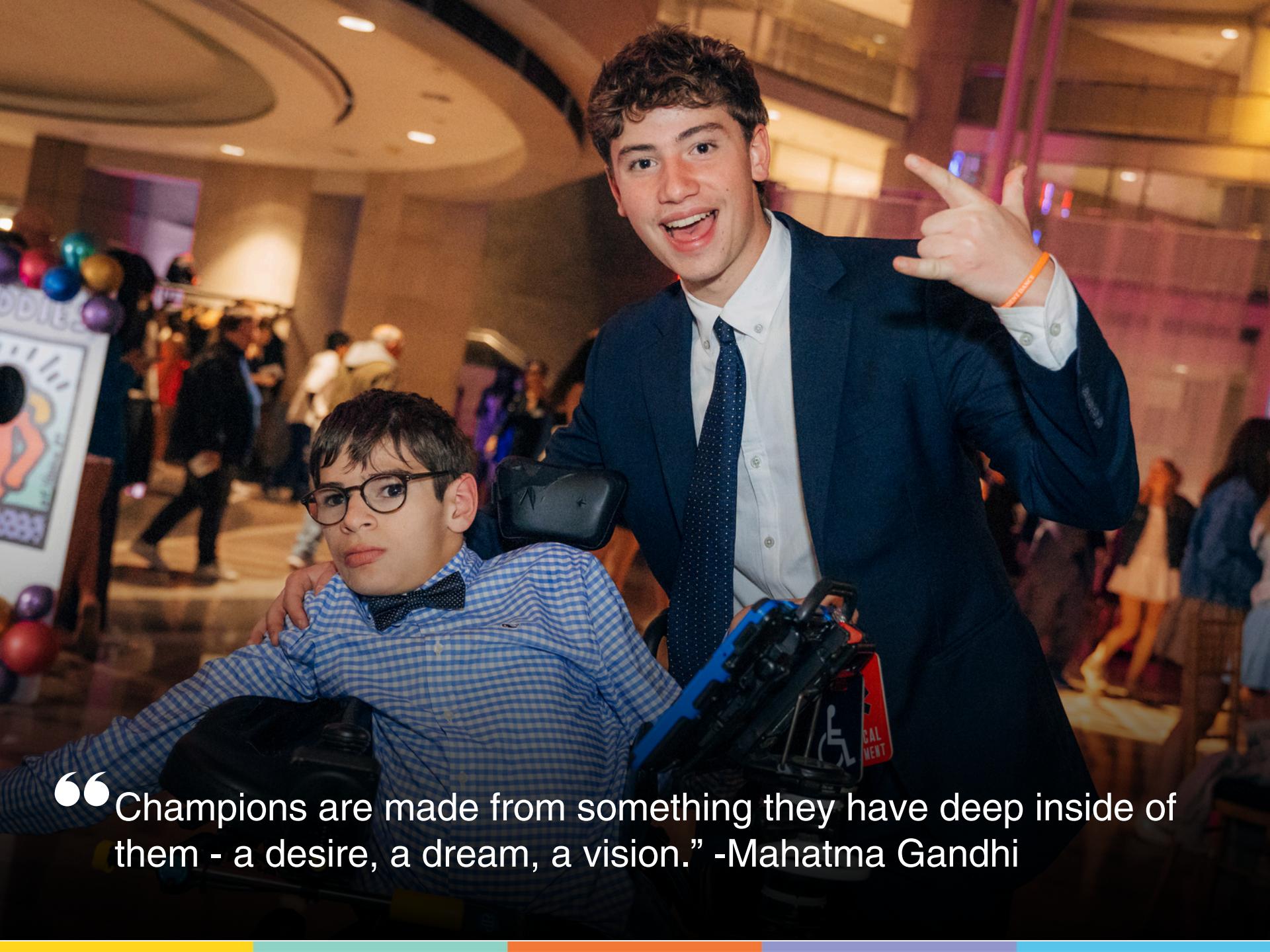
Summit
HUMAN CAPITAL



The
TEAM 980 AM
106.7 HD2



DIAMONDS DIRECT



“Champions are made from something they have deep inside of them - a desire, a dream, a vision.” -Mahatma Gandhi

BEST BUDDIES®



BEST BUDDIES. FRIENDSHIP WALK



Thank
you!

MAKE A FRIEND | DONATE | VOLUNTEER
BESTBUDDIES.ORG/VADC