

More friends =

more laughs
+
more fun

We love our best friends. We play games and get silly together. Our friends are our favorites.

That's why Best Buddies is here—to make sure we all have a friend. Because even if we like different things or we don't look the same, we can still be buddies.

Let's make sure every kid knows how great friendship feels. Be a Best Buddy.



We're BESTBUDDIES®

Joining Best Buddies means doing fun things with someone who needs a friend. It's spending an hour—or even a whole day—exploring, trying new things, and laughing. And it's ending the day feeling really great for showing someone they belong.

Being a Best Buddy makes a huge difference for people with intellectual and developmental disabilities (IDD). But what you may not know yet—is that it makes a big, positive impact on you, too.

Get involved.

Help bring belonging to our friends with IDD. Share a smile, make room at your table, or find your local chapter to be someone's Best Buddy.

BESTBUDDIES.ORG    

