



Let's Celebrate

#BESTBUDDIESMONTH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 	28 	1 Wear your Best Buddies (BB) gear to kick off Best Buddies Month at your School!	2 STW Day! Ask peers to take the pledge by signing the banner, share online and tag #PLEDGETOINCLUDE	3 During class, talk about Spread the Word and post flyers around school for students to participate #PLEDGETOINCLUDE	4 Keep Spread the Word going, by asking your friends on social media to take the online pledge #PLEDGETOINCLUDE	5
6 	7 Post Spread the Word Pledge posters with your buddy around school! #PLEDGETOINCLUDE	8 Ask a Best Buddies Ambassador to speak about what inclusion means during your chapter meeting	9 Ask your homeroom teacher if you can share about what Best Buddies is and why you are involved	10 Publish an article in your schools newspaper about BB and highlight a buddy pair!	11 Post a Best Buddies video on social media. Use #BESTBUDDIESMONTH Tag @BESTBUDDIES	12
13 	14 Host a Best Buddies field day or virtual event with inclusive activities during your PE class	15 Share why you love Best Buddies on social media and ask your followers to donate to your Friendship Walk team	16 Celebrate your mission pride by wearing your favorite Best Buddies gear to school	17 Table during your lunch period and pass out Best Buddies stickers	18 Partner with a school sports team to host inclusive games during halftime or at a community event	19
20 	21 Hold a virtual talent show and invite families, friends and supporters of your chapter to participate	22 Have a movie night with your buddy and post a picture on social media and tag #BESTBUDDIESMONTH	23 Partner with a local restaurant for a Dine to Donate fundraiser to support your local chapter	24 Sell Best Buddies t-shirts in school to share your chapter pride on campus	25 Work with your chapter advisor to share about Best Buddies Month in e-newsletters, school board meetings, and on social media	26 Host a community service event for BB members to showcase the mission in your community!
27 	28 Plan a social distanced community service event for BB members to showcase the mission in your community!	29 Partner with clubs on campus to create a day of diversity and inclusion!	30 Challenge five people to sign-up for the new virtual e-Buddies community www.bestbuddies.org/what-we-do/ebuddies/	31 Use the last day of the month to wear BB gear and share about the mission in action in your chapter on social media!	<p>For volunteer resources and info please follow @bestbuddiesuniversity</p> <p> BESTBUDDIES.ORG </p>	