



Celebrate

#BESTBUDDIESMONTH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 	1 Wear your Best Buddies (BB) gear to kick off Best Buddies Month at your School!	2 During class, talk about Spread the Word and post flyers around school for students to participate #PLEDGETOINCLUDE	3 STW Day! Ask peers to take the pledge by signing the banner, share online and tag #PLEDGETOINCLUDE	4 Keep Spread the Word going, by asking your friends on social media to take the online pledge #PLEDGETOINCLUDE	5 Post Spread the Word Pledge posters with your buddy around school! #PLEDGETOINCLUDE	6 
7 	8 Ask a Best Buddies Ambassador to speak about what inclusion means during your chapter meeting	9 Ask your homeroom teacher if you can share about what Best Buddies is and why you are involved	10 Publish an article in your schools newspaper about BB and highlight a buddy pair!	11 Post a Best Buddies video on social media. Use #BESTBUDDIESMONTH Tag @BESTBUDDIES	12 Host a Best Buddies field day or virtual event with inclusive activities during your PE class	13 
14 	15 Plan a socially distanced fundraising campaign to raise awareness and money to support your chapter	16 Celebrate your chapter pride by wearing Best Buddies gear during school / online classes	17 Hand out lollipops with the Best Buddies mission tied to the stick!	18 Host a school-wide sports night with inclusive games for everyone!	19 Hold a virtual talent show and invite families, friends and supporters of your chapter to participate	20 
21 	22 Host a Teleparty movie night with your buddy! Post a picture of your movie night and tag #BestBuddiesMonth	23 Partner with a local restaurant for a Dine to Donate fundraiser to support your local chapter	24 Sell Best Buddies t-shirts in school! (A BB staff member can help, order from shop.bestbuddies.org)	25 Work with your chapter advisor and school administration to share about Best Buddies Month in e-newsletters, school board meetings, and on social media	26 Plan a social distanced community service event for BB members to showcase the mission in your community!	27 
28 	29 Partner with clubs on campus to create a day of diversity and inclusion!	30 Use the last day of the month to wear BB gear, talk about the mission on social media and in class, and encourage five people to sign-up for BB or to take the STW pledge!	31 For more info or to get involved, please visit  BESTBUDDIES.ORG	For volunteer resources and info please follow @bestbuddiesuniversity		