

Dear Parents and Caregivers,

At Sanford Harmony, we understand these are challenging times for parents and caregivers as you navigate how to continue your children's education at home and support their emotional well-being and growth. As we anticipate weeks away from regular home and school routines, we want to support you by providing online social emotional learning resources, available at no cost, to help you through this transition.

Sanford Harmony, a Pre-K-6 research-based social emotional learning program, promotes positive peer relations among students through lessons and activities that encourage communication, collaboration, and mutual respect. To learn more about Sanford Harmony, visit SanfordHarmony.org. You can also [watch this video](#) to learn more about SEL from the Collaborative for Academic, Social, and Emotional Learning (CASEL).

Sanford Harmony offers SEL resources on the Sanford Harmony Online Learning Portal, giving you full online access to a variety of lessons, activities, and resources to help you navigate the social and emotional needs of children during this difficult time. While the program has been developed for Pre-K-6 grades, children of all ages can greatly benefit from the curriculum.

We encourage parents and caregivers to establish Harmony Goals and use Meet Up and Buddy Up activities, and we will show you how. The Sanford Harmony program includes easy instructions and meaningful opportunities for your family to connect, express feelings, and solve problems together.

To get started, access our [Getting Started Guide here](#). Follow the link provided for instructions to access the [Sanford Harmony Online Learning Portal](#).

We hope that you and your child(ren) stay safe and healthy, and we wish you strength, wisdom, and resilience as we face this global challenge together.

Sincerely,



Scott Page
Sr. Vice President, Sanford Programs