Best Buddies is committed to the health and safety of participants, volunteers and employees. Please help Best Buddies prevent the spread of germs by adhering to the CDC’s recommended hand washing instructions. Click here for more information.

Wash Your Hands!

1. Wet
2. Get Soap
3. Scrub
4. Rinse
5. Dry

Hands that look clean can still have icky germs!

This material was developed by CDC. The Life is Better with Clean Hands campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.

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