

Goal Setting Activity

This worksheet will provide guidance in developing strong goals for focused leadership, engaged interest and learning, and outline effective ways to make an impact in your community.

Think critically when developing your three goals (below); these goals should help you feel empowered and prepared to make a difference for yourself and for your community.

A Friendship Goal: a friendship goal should be a measurable goal that you set for yourself that enriches either your one to one friendship or you individually.

A Professional Goal: a professional goal should be a goal that develops you as a leader or improves a professional skill. An example of this would be familiarizing yourself with Best Buddies Online in order successful track information, meet deadlines, and collect membership applications.

A Game Changer Goal: a game changer goal should be something that inspires hope; this goal should motivate you to change the world! An example of this is Best Buddies International's goal of creating such an inclusive society that there is no longer a need to make friendships in our programs and Best Buddies goes out of business.

Personal Goal

Professional Goal

Game Changer Goal

