#### Public Speaking Essentials



Best Buddies Ambassador Training





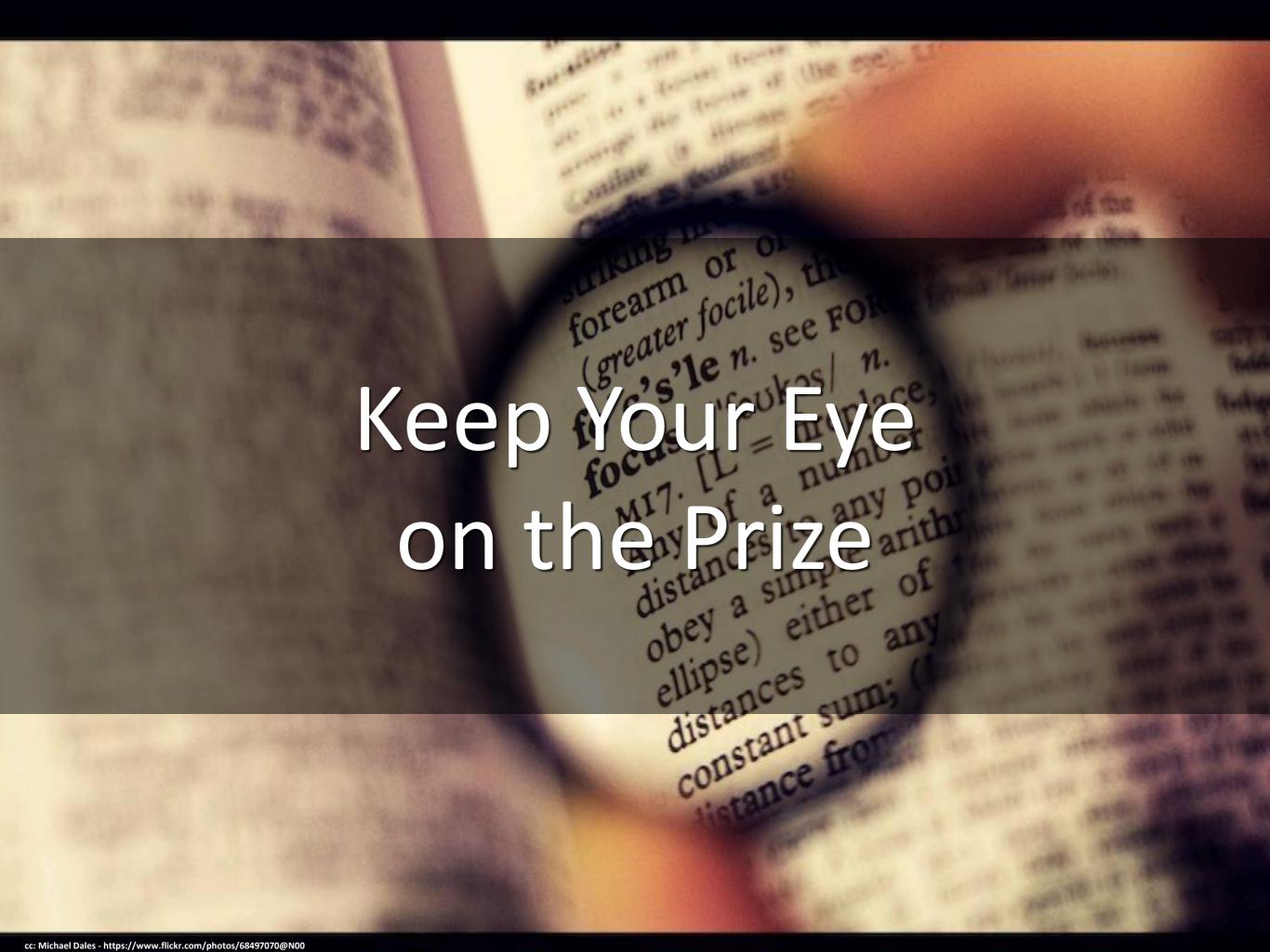
### Being a Self Advocate



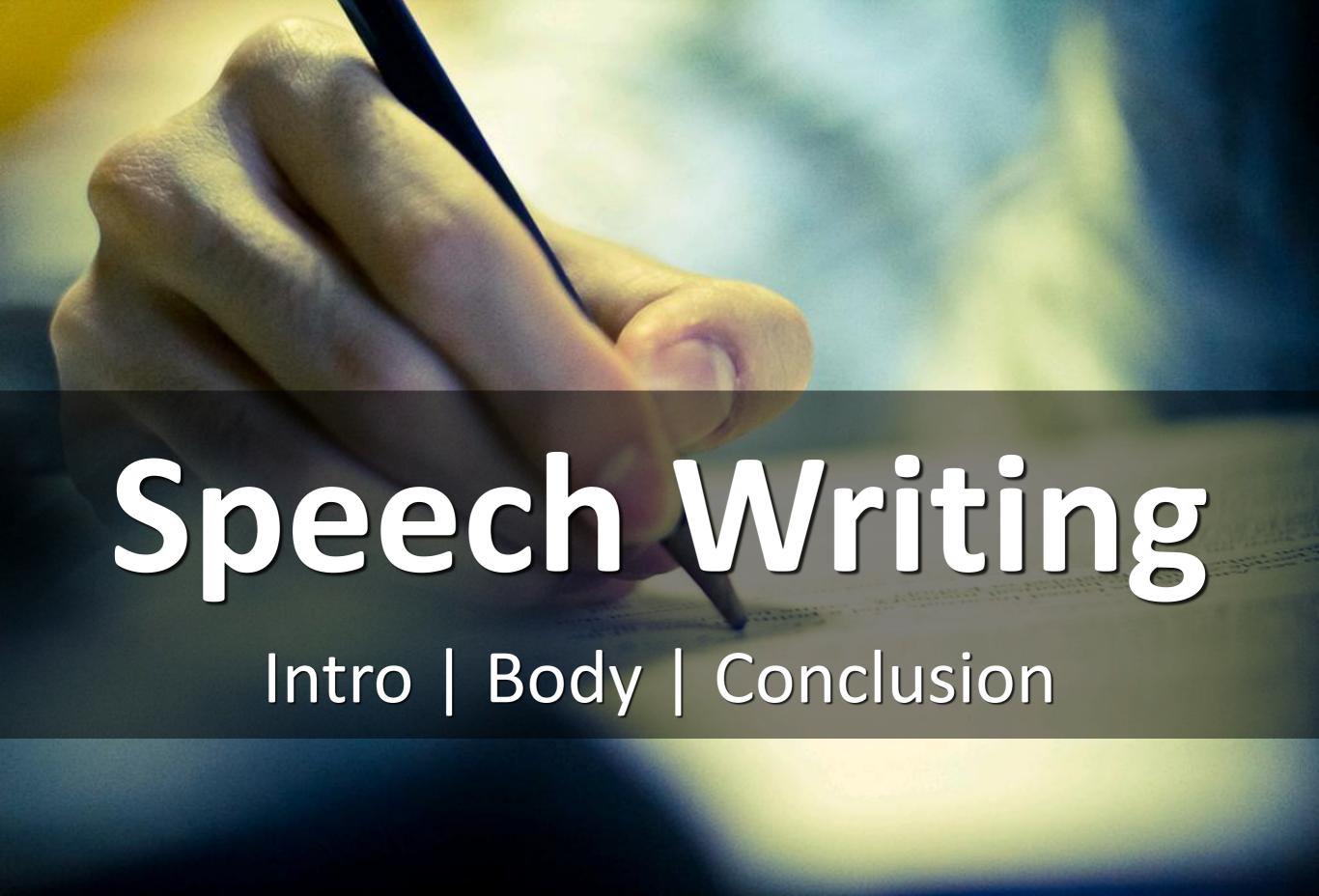
What does that mean?

# Telling Your Story











## LET'S EDIT!

- Flow
- Grammar & punctuation
- Double check grammar
- Four W's
- Is there a clear focus?

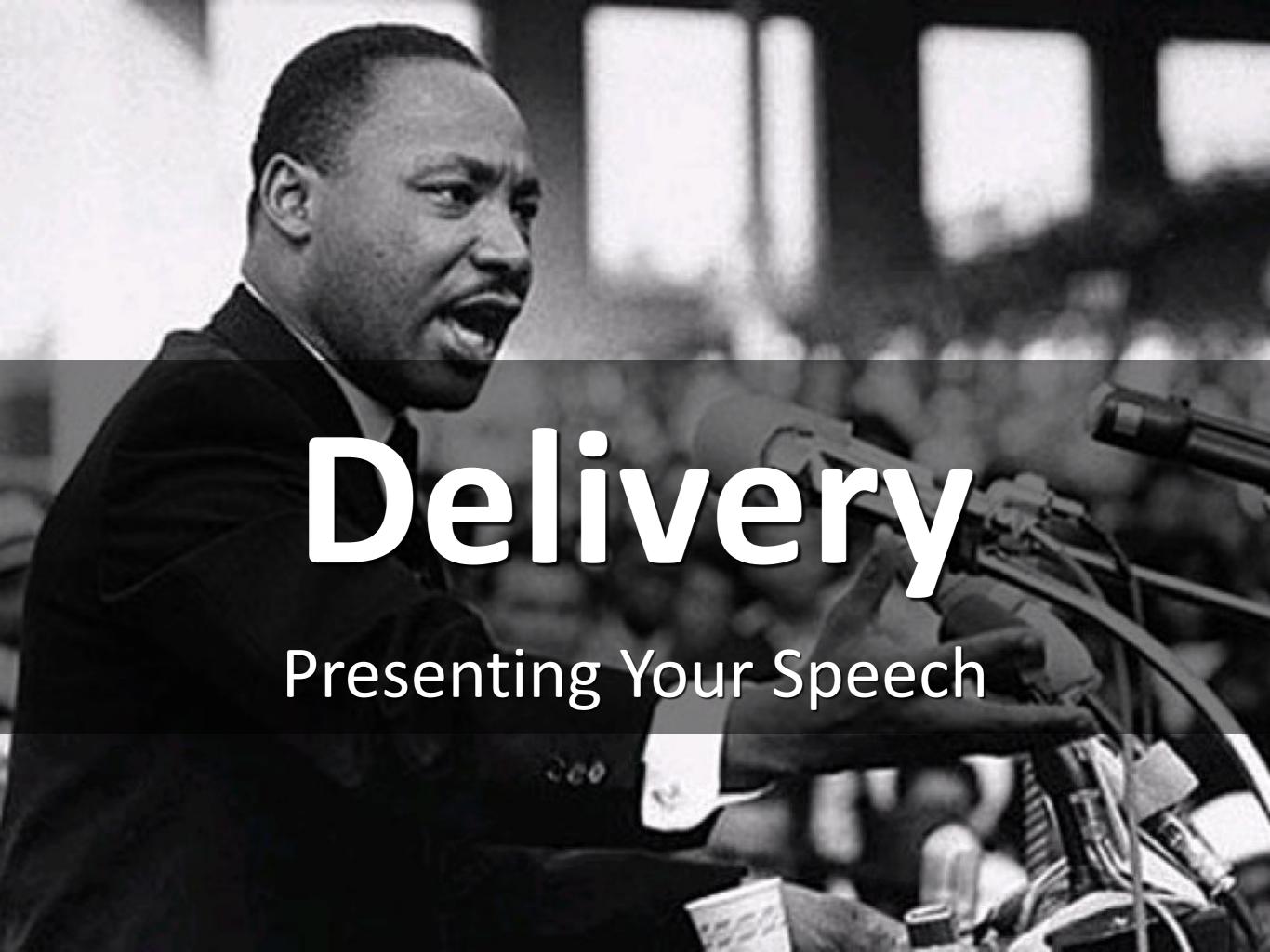


#### Reading vs Delivering a Speech



What's the difference?





## Presentation Tips

- Eye Contact
- Speed
- Volume
- Hand Gestures
- Utilizing pauses







